

## REFERRAL NETWORK

(A NON-EXCLUSIVE LIST OF OUR FAVORITE REFERRAL SOURCES)

### ADDICTIONS

- RECOVERY VILLAGE – (866) 235-4572
- SUBSTANCE ABUSE AND MENTAL HEALTH SERVICES ADMINISTRATION (SAMHSA) – [WWW.SAMSHA.GOV](http://www.samsha.gov)
- ALCOHOLICS ANONYMOUS – (212)-870-3400

### ADHD

- ADDITUDE MAGAZINE – [WWW.ADDITUDEMAG.COM](http://www.additudemag.com) [[HTTP://ADDITU.DE/SUBPROO822](http://additu.de/subproo822) - 20% OFF DISCOUNT LINK]
- CHADD – (301) 306-7070 [WWW.CHADD.ORG](http://www.chadd.org)

### AUTISM

- THE ARC AUTISM NOW - [WWW.AUTISMNOW.ORG](http://www.autismnow.org)
- AUTISM SPEAKS - [WWW.AUTISMSPEAKS.ORG](http://www.autismspeaks.org)
- AUTISM SOCIETY OF AMERICA - (800) 328-8476 [WWW.AUTISM-SOCIETY.ORG](http://www.autism-society.org)

### BARIATRIC SURGERY

- DR. MANNING AT CONWAY REGIONAL HEALTH SYSTEM – (501) 327-4828
- BAPTIST BARIATRIC CENTER
- ARKANSAS HEART HOSPITAL - (501) 213-4500

### BODYWORK

- DARLA SCHATZ MASSAGE THERAPY AND RACHEL AT MAUMELLE MASSAGE CLINIC
- WOODLAND CHIROPRACTIC - (501) 753-5555

### DENTAL PROVIDERS

- MAUMELLE FAMILY DENTISTRY – (501) 851-1414

### DOMESTIC ABUSE

- CHILD ABUSE HOTLINE – (800) 482-5964
- WOMEN AND CHILDREN FIRST – (501) 376-3219
- WOMEN & CHILDREN FIRST LOCAL 24-HOUR DOMESTIC VIOLENCE HOTLINE  
(501) 376-3219 OR TOLL FREE (800) 332-4443
- NATIONAL DOMESTIC VIOLENCE HOTLINE – (800) 799-7233
- ARKANSAS COALITION AGAINST SEXUAL ASSAULT - [WWW.ARKCASA.ORG](http://www.arkcasa.org)
- ARKANSAS COALITION AGAINST DOMESTIC ABUSE - [WWW.DOMESTICPEACE.COM](http://www.domesticpeace.com)

### EATING DISORDERS

- RECOVERY VILLAGE – (866) 235-4572

### FINANCIAL PLANNERS

- DAVID LUKAS – (501) 218-8880

### HEALTH INSURANCE AGENT

- ART WILBORN – (501) 837-2866

### HOMELESSNESS

- THE VAN – (501) 955-3444

## **INPATIENT PSYCHIATRIC HOSPITAL**

- CONWAY BEHAVIORAL HEALTH – [\(501\) 205-0011](tel:5012050011)
- SENIOR BEHAVIORAL CARE AT CONWAY REGIONAL – [\(501\) 506-2747](tel:5015062747)
- CONWAY REGIONAL COUNSELING CENTER – [\(501\) 358-6695](tel:5013586695)

## **LGBTQ+**

- LUCIE'S PLACE (YOUNG ADULTS) – [\(501\) 508-5005](tel:5015085005)

## **OLDER ADULTS**

- ALZHEIMER'S ARKANSAS – [\(501\)224-0021](tel:5012240021)
- ARKANSAS ADULT PROTECTIVE SERVICES – [\(800\) 482-8049](tel:8004828049)
- ARKANSAS AGING ADULT SERVICES – [\(501\) 682-2441](tel:5016822441) OR [\(866\) 801-3435](tel:8668013435)
- CARE LINK – [\(501\) 372-5300](tel:5013725300) OR [\(800\) 482-6359](tel:8004826359)
- DIVISION OF AGING, ADULT AND BEHAVIORAL HEALTH SERVICES – [\(501\) 686-9164](tel:5016869164)
- PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY (PACE)– [\(501\) 376-8852](tel:5013768852)

## **PAIN MANAGEMENT**

- PRESTIGE SPINE – [\(501\) 358-6791](tel:5013586791)

## **PRIMARY CARE PHYSICIAN**

- FREEMAN FAMILY MEDICINE – [\(501\) 327-0110](tel:5013270110)
- DR. HIMMLER AT VILONIA MEDICAL CLINIC – [\(501\) 796-8484](tel:5017968484)
- DR. CARSON AT BAPTIST HEALTH – [\(501\) 358-6720](tel:5013586720)

## **PSYCHIATRY**

- ANNETTE ANDERSON, GERIATRIC – [\(501\) 932-3313](tel:5019323313)
- DAHLIA DISTIN PSYCHIATRIC SERVICES – [\(501\) 758-9993](tel:5017589993)
- ALLEVIANT – LR, CONWAY, FAYETTEVILLE, JONESBORO – [WWW.ALLEVIANT.COM](http://WWW.ALLEVIANT.COM)
- REDDY PSYCHIATRY – CASH ONLY – [\(501\) 500-9919](tel:5015009919)

## **SLEEP MEDICINE**

- FREEMAN OLIVER, APRN AT SLEEP MANAGEMENT SERVICES – [\(501\) 224-5400](tel:5012245400)

## **SPIRITUAL GUIDANCE**

- ELAINA BEAM – [STARLIGHTMUSE.COM](http://STARLIGHTMUSE.COM)
- NICOLE CODY – [CAULDRONSANDCUPCAKES.COM](http://CAULDRONSANDCUPCAKES.COM)
- YASMIN BOLAND MOONOLOGY – [MOONOLOGY.COM](http://MOONOLOGY.COM)
- DEBRA SILVERMAN APPLIED ASTROLOGY – [DEBRASILVERMANASTROLOGY.COM](http://DEBRASILVERMANASTROLOGY.COM)

## **OTHER SUPPORT GROUPS**

- WOMEN'S OWN WORTH – [WWW.WOMENSOWNWORTH.COM/](http://WWW.WOMENSOWNWORTH.COM/)
- DIVORCE – [WWW.PSYCHOLOGYTODAY.COM/US/GROUPS/ARKANSAS?CATEGORY=DIVORCE](http://WWW.PSYCHOLOGYTODAY.COM/US/GROUPS/ARKANSAS?CATEGORY=DIVORCE)

## **SCUBA DIVING**

- OCEAN EXTREME – [OCEANEXTREME.COM](http://OCEANEXTREME.COM)

## **TUTORING**

- TLC TUTORING – [TLCTUTORING.COM](http://TLCTUTORING.COM)

## **WEB DESIGNER**

- SEVEN EDGE CONSULTING – [SEVENEDGECONSULTING.COM](http://SEVENEDGECONSULTING.COM)

## **WEIGHT LOSS**

- NOOM – [NOOM.COM](http://NOOM.COM)
- WEIGHT WATCHERS – [WEIGHTWATCHERS.COM](http://WEIGHTWATCHERS.COM)

## **WOMEN'S HEALTH PHYSICIAN**

- RENAISSANCE WOMEN'S, DR SICK – [\(501\) 205-0011](tel:5012050011)

## **OTHER USEFUL APPS**

- HEADSPACE
- BREEHE
- DOWNWARD DOG YOGA